

Annual Statistics from the National Gambling Treatment Service (Great Britain) 2019/2020



The National Gambling Helpline handled **39,000** contacts helping **25,000** people

The National Gambling Helpline is part of the National Gambling Treatment Service. The helpline offers support, advice, brief interventions, and care pathways into structured treatment. Figures throughout the rest of this document reflect the population of clients who have received structured treatment.



*only inclusive of National Gambling Treatment Services that report to the Data Reporting Framework



- 89%** White
81% White British
5% White European
- 5%** Asian or Asian British
- 3%** Black or Black British
- 3%** Other



90% of referrals were **self-made**

10 Problem gambling for 10 years

£2,100 spent in one month prior to assessment

45% in **£5,000+** debt, bankrupt or in an **IVA**



50% were seen within **3 days**



75% were seen within **8 days**

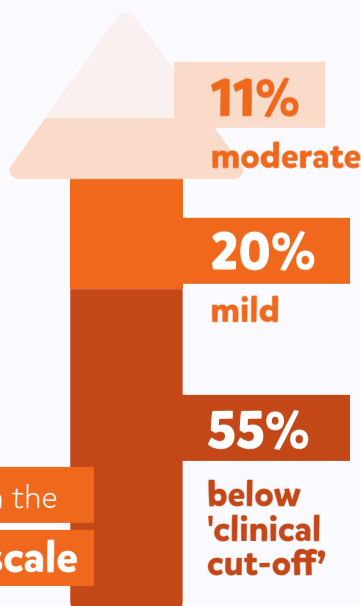
After completing treatment...

90% showed **improvement on the PGSI scale**



60% of those treated were **no longer** considered **problem gamblers**

clients improved on average by **8 points** on the **CORE-10 scale**



The CORE-10 is a short questionnaire to measure psychological distress.